

Paving the way to disease control: have we reached the summit?

Dear Colleagues and Friends

In celebration of an outstanding 10-year educational journey, I am delighted to welcome our colleagues in rheumatology and dermatology to this year's Summit. In honour of a new partnership, I am pleased to be joined by Diamant Thaci, Professor of Dermatology at the University of Lübeck, Germany. The Summit in 2019 will explore the concept of disease activity control and how it has evolved over time – at different paces for different disease indications – and the implications for clinical practice. Strategies for optimizing disease activity control from a rheumatological and dermatological perspective will be discussed, while maintaining a strong focus on the patient's perspective and collaborative care. The following topics will be explored throughout the Summit:

Immunological mechanisms
driving disease activity

Disease control at the clinical level:
strategies for optimizing disease
management across indications

Disease control across
disciplines: rheumatological and
dermatological management of
chronic inflammatory diseases
that might need involvement of
other specialists

How best to integrate patients'
treatment goals into care plans

Highlights of 2019

- Four scientific plenary sessions chaired by expert faculty and enhanced by an interactive audience response system, giving delegates the opportunity to share their views and practices
- Masterclasses encompassing a multitude of learning formats including problem solving, complex cases, stimulated discussion and sharing of best practice
- Interactive, faculty-led workshops with a strong emphasis on practical skills and an opportunity for one-to-one interaction with faculty and peers
- Opening and closing keynote lectures to 'set the scene' for the Summit and close the event with learnings from other specialties

Once again, the Summit format allows each delegate to tailor their own schedule by choosing workshops and masterclass sessions to attend – I hope this freedom to design your own personal Summit experience will provide you with a highly valuable educational experience.

I look forward to welcoming you to Prague.



Dirk Elewaut
VIB-UGent Center for Inflammation Research
Ghent University, Ghent, Belgium



Thursday 14th March

Session 1: 15:00 – 18:15

Disease control across tissue borders: immunological insights

Dirk Elewaut (BE, Chairperson)

15:00 – 16:00 Workshops

Delegates attend one workshop

- From biomarkers to molecular fingerprints – from nonsense to clinical utility **Timothy Radstake (NL)**
- Vaccination in IMiDs: immunology and clinical implications **Pier Luigi Meroni (IT)**
- Selecting biological therapy in RA: which pathway? **John Isaacs (UK)**
- Selecting biological therapy in PsO: which pathway? **Peter Foley (AUS)**
- Impact of the microbiome on drug response **Christian Sina (DE)**
- Managing complex cases in SLE **George K Bertias (GR)**
- Interpreting autoantibodies: clinical considerations **Isabelle Peene (BE)**
- Practicalities of checkpoint inhibition - where does it fit in rheumatology?
Sandrine Aspeslagh (BE)

16:00 – 16:10 Move to auditorium

16:10 – 16:55 Welcome & Keynote

- Welcome to the Summit **Dirk Elewaut (BE) & Diamant Thaci (DE)**
- Opening keynote: From basic ideas to biologicals **Bart Lambrecht (BE)**

16:55 – 18:15 Plenary session 1

- Share your views **Dirk Elewaut (BE)**
- Molecular profiling of immune-mediated diseases **Timothy Radstake (NL)**
- Is systemic remission possible in rheumatology/dermatology? **John Isaacs (UK) & Kristian Reich (DE)**
- Discussion and evaluation of learning **Dirk Elewaut (BE)**

19:00 – 19:15 Departure to dinner

15:00 – 16:00 Masterclass in ballroom

Parallel to workshops, delegates stay for whole session

Managing disease heterogeneity across the disease spectrum

Filip Van den Bosch (BE), Kristian Reich (DE) & Silvio Danese (IT)

Friday 15th March

Session 2: 08:30 – 12:30

Diverse perspectives on disease control

Laura Coates (UK, Chairperson)

08:30 – 10:00 Plenary Session 2

- Share your views **Laura Coates (UK)**
- Transition from PsO to PSA **Georg Schett (DE)**
- IL-17 versus TNFi for disease control **Filip Van den Bosch (BE) & Diamant Thaci (DE)**
- Discussion and evaluation of learning **Laura Coates (UK)**

10:00 – 10:30 Coffee break

10:30 – 12:30 Workshops

Delegates choose 2 and switch at half time

- Disease remission assessment in RA **Cem Gabay (CH)**
- Monitoring of disease activity in PsO **Peter van de Kerkhof (NL)**
- Assessment of disease activity in PsA/axSpA: do we have the right tools? **William Tillett (UK)**
- Advanced MRI for diagnosis and monitoring in axSpA **Xenofon Baraliakos (DE) & Andre Gomes (BR) – 2 hrs**
- Synovial biopsy in precision medicine **Bernard Lauwerys (BE)**
- How can capillaroscopy support diagnosis of IMiDs? **Maurizio Cutolo (IT) & Vanessa Smith (BE)**
- Practical strategies for treating hidradenitis suppurativa **Monika Arenbergerová (CZ)**
- Ultrasound workshop **Maria-Antonietta D'Agostino (FR) & Niccolò Possemato (IT)**

12:30 – 13:30 Lunch

10:30 – 12:30 Masterclass in ballroom

Parallel to workshops, delegates stay for whole session

Aligning targets in psoriatic disease: improving the dialogue between doctor and patient
Laure Gossec (FR), Sandy McBride (UK) & Christine Bundy (UK)

Friday 15th March

Session 3: 13:30 – 17:40

Therapy optimization for improved disease control

Peter van de Kerkhof (NL, Chairperson)

13:30 – 15:10 Plenary Session 3

Share your views **Peter van de Kerkhof (NL)**

- Biological adaptation in rheumatology and dermatology:
 - Managing poor responders in IMiDs **Cem Gabay (CH) & Peter Foley (AUS)**
 - Beyond disease activity targets: should we taper or stop? **Xenofon Baraliakos (DE) & Lars Iversen (DK)**
- Panel discussion and evaluation of learning **Peter van de Kerkhof (NL)**

15:10 – 15:40 Coffee break

15:40 – 17:40 Workshops

Delegates choose 2 and switch at half time

- New insights in to MTX use in rheumatological diseases and psoriasis **Frank Behrens (DE) & Wolf-Henning Boehncke (CH)**
- Glucocorticoid therapy: what you ever wanted to know...? **Frank Buttgerit (DE)**
- Tapering strategies in SpA: a practical guide **Xenofon Baraliakos (DE) & Enrique Soriano (ARG)**
- Biologicals in dermatology: maximizing effectiveness through personalized care **TBC**
- Combined clinics (rheums/derms): a comprehensive approach to nail diseases
Philipp Sewerin (DE) & Stephan Meller (DE)
- Interdisciplinary management of difficult psoriasis **Paolo Gisondi (IT)**
- Treating Sjogren's: a multi-targeted strategy **Jaques-Eric Gottenberg (FR)**
- Recognizing Raynaud's: diagnostics and management **Vanessa Smith (BE) & Maurizio Cutolo (IT)**

15:40 – 17:40 Masterclass in ballroom

Parallel to workshops, delegates stay for whole session

Non-response, response, remission: how to deal with it

Filip Van den Bosch (BE) & Lars Iversen (DK)

Saturday 16th March

Session 4: 08:30 – 13:15

Targeting disease control across disciplines: a unified approach

Diamant Thaci (DE, Chairperson)

08:30 – 09:55 Plenary Session 4

- Share your views **Diamant Thaci (DE)**
- Disease complications and implications for management
 - Pregnancy **Aarthi Mohan (UK)**
 - Cardiometabolic syndrome **Wolf-Henning Boehncke (CH)**
 - Bone health **Bente Langdahl (DK)**
 - Psychological aspects **Sandy McBride (UK)**
- Discussion and evaluation of learning **Diamant Thaci (DE)**

09:55 – 10:25 Coffee break

10:25 – 12:25 Workshops

Delegates choose 2 and switch at half time

- A practical approach to psychological wellbeing in people with dermatological disease
Sandy McBride (UK)
- Co-managing psoriatic disease and MetS: clinical cases **Wolf-Henning Boehncke (CH) & Donal O'Shea (IE)**
- How can diet/nutrition influence IMiDs? **Christian Sina (DE)**
- Best practice for vasculitis management **Stephen Hall (AUS)**
- Treatment strategies for systemic sclerosis **Christopher Denton (UK)**
- Joining forces: what can rheumatologists and dermatologists learn from each other? **Frank Behrens (DE) & Diamant Thaci (DE)**
- Personalizing our approach to bone health: what are the considerations? **Bente Langdahl (DK)**
- Dermatomyositis: a guide for rheumatologists and dermatologists **Jiri Vencovsky (CZ)**

12:25 – 12:35 Move to auditorium

12:35 – 13:15 Keynote and Summit close

Closing keynote: Genetics and lifestyle in joint disease **Donal O'Shea (IE)**

Summit close **Dirk Elewaut (BE)**

10:25 – 12:25 Masterclass in ballroom

Parallel to workshops, delegates stay for whole session

Family planning and management considerations in psoriatic disease
Laura Coates (UK), Aarthi Mohan (UK) & Clara De Simone (IT)